

Hasidism on Qohelet 5: 11: “Sweet is the worker’s sleep, whether one eats little or much”— “And when the mind is rectified to the level of Moses (the sphere of intuition-*Da’at*), then even when Moses passes away [i.e. when spiritual cognition departs, the vestige that remains, known as the condition of sleep, is also very good. This is the meaning of the verse: *Metukah Snat Ha’oveid* (“**Sweet is the worker’s sleep**”)—the acrostic of first letters of this verse spells Moses [MoS”He].” Moses is the archetype of *Da’at*, synonymous with exalted spiritual cognition, so that the subconscious and sleep state in which all that remains is the vestige of the conscious mind. Even our spiritual cognition is refined on the level of *Da’at*—then even in their vestige in the sleep state is “also very good.” The departure of these *mochin*’s vestige and the subconscious is related practice of setting aside the rational mind and *mochin* to serve the divine directly and simply. (*Biur Likkutim*, p. 292) see n. 323

(Reb Nachman, *Liqqutai Moharan Tinyana* 5: 15)